

CLEAR LIQUID DIET

INDICATIONS FOR USE: This diet is used during periods of acute illness to reduce colon fecal matter for a diagnostic procedure and in cases of temporary food intolerance.

DESCRIPTION OF DIET: The diet is limited to broths, bouillon, flavored gelatin and fruit drinks without pulp (apple, cranberry, strained lemonade, grape, powdered fruit beverage mixes, fruit drinks), fruit ice, Popsicle's, coffee, tea, sugar, and decaffeinated coffee. Carbonated beverages may be included when ordered by the doctor, however they are often not recommended.