

## Women's Health Clinic - Kimbrough Ambulatory Care Center Endometrial Biopsy

### Endometrial Biopsy:

This is a procedure that removes a small sample of *endometrial tissue* (lining of the uterus) for examination under the microscope. It can look for abnormal cells and for hormonal effects on the uterus.

### Reasons for Procedure:

This procedure is done for several reasons: to assist in the diagnosis of infertility, to determine the etiology of abnormal menstruation, and to determine the reason for postmenopausal bleeding.

### Description of the Procedure:

The procedure is done in the provider's office and no anesthesia is necessary. With a speculum in place, a small straw-shaped instrument (pipelle) is inserted through the opening of the cervix (os). This device can then apply a small amount of suction and remove tissue from the uterine lining to be sent to the lab. Risks are minimal and very infrequent. They include bleeding, infection, and perforation of the uterus and need for surgical repair.

### Pre-Procedure Instructions:

1. Please bring your medical records and military identification with you.
2. If you are not on reliable contraception and are not postmenopausal, a *serum pregnancy test* is recommended at our facility within 72 hours prior to the procedure. This may be requested at the clinic front desk on a walk in basis.
3. You may elect to *pre-medicate* with Motrin 800 mg by mouth 1-2 hours prior to the procedure to decrease cramping that you may experience.
4. Please *bring a Mini-pad* with you to the procedure as you can anticipate light spotting after the procedure.
5. Please feel free to *ask your provider* any questions that you may have prior to the procedure.

### Post-Procedure Instructions:

1. After your procedure, you may be placed on *pelvic rest* for 3-5 days. This means that you should place nothing in the vagina (intercourse and tampons).
2. Please *monitor your bleeding*. We anticipate that you may spot for the next week. If this increases to a period-like flow, please notify your provider. Your provider may tell you differently based on the reason for the procedure.
3. Please *monitor yourself for signs of infection* and notify your provider if you experience any of the following: fever >100.4, pelvic pain, or foul smelling vaginal discharge.
4. You can anticipate that it will take about 10-14 days *to get results*. Please do *not* call the clinic prior to this for results unless otherwise instructed or there are complications.