

**DEPARTMENT OF RADIOLOGY  
KIMBROUGH AMBULATORY CARE CENTER  
FORT GEORGE G. MEADE, MD 20755-5800**

SUBJECT: Intravenous Pyelogram Examination Instructions

1. This is a special examination and is performed only by appointment. Please call the Department of Radiology at 301-677-8180 or 8321 if you need to cancel or reschedule your appointment.
2. In preparation for the examination, please follow these instructions:
  - a. At 12 p.m. (noon) on the day before your examination, take *orally* the medication given you.
  - b. Eat a light supper (fruit, tea, toast) the evening prior to your examination.
  - c. If you have a morning appointment, do not eat after midnight. Please drink clear fluids liberally.
  - d. If you have an afternoon appointment, you may eat a light breakfast (toast, tea, coffee, fruit juice) and should eat no later than 4 hours prior to your appointment. Please drink clear fluids liberally.
  - e. If you have diabetes, heart trouble or high blood pressure, consult your health care provider for specific fasting instructions as they pertain to your medication. If you have diabetes, inform Department of Radiology personnel if this upon arrival for your examination.

Note: If you are diabetic and taking Metformin (Glucophage), you should stop taking the Metformin from 48 hours before your examination until 48 hours after your examination. (Caution: do not resume taking Metformin until your kidney function has been reevaluated by your health care provider and found to be normal.) Consult your health care provider concerning what medication you should take while you are withholding Metformin.

3. If you have any questions, please consult the Department of Radiology personnel.
4. Please report to the Department of Radiology on time. Allow 5 working days for the report of your examination to reach your health care provider. Contact your health care provider if he or she does not contact you by that time.
5. Your appointment is scheduled for \_\_\_\_\_, \_\_\_\_\_, at \_\_\_\_\_.  
(Day) (Date) (Time)

**MEDDAC (Ft Meade) FL 19**

1 Feb 02

Previous editions are obsolete.